

### 3 EASY STEPS

#### STEP 1

Line up your heel with the diagram  
"Place Heel Here"

#### STEP 2

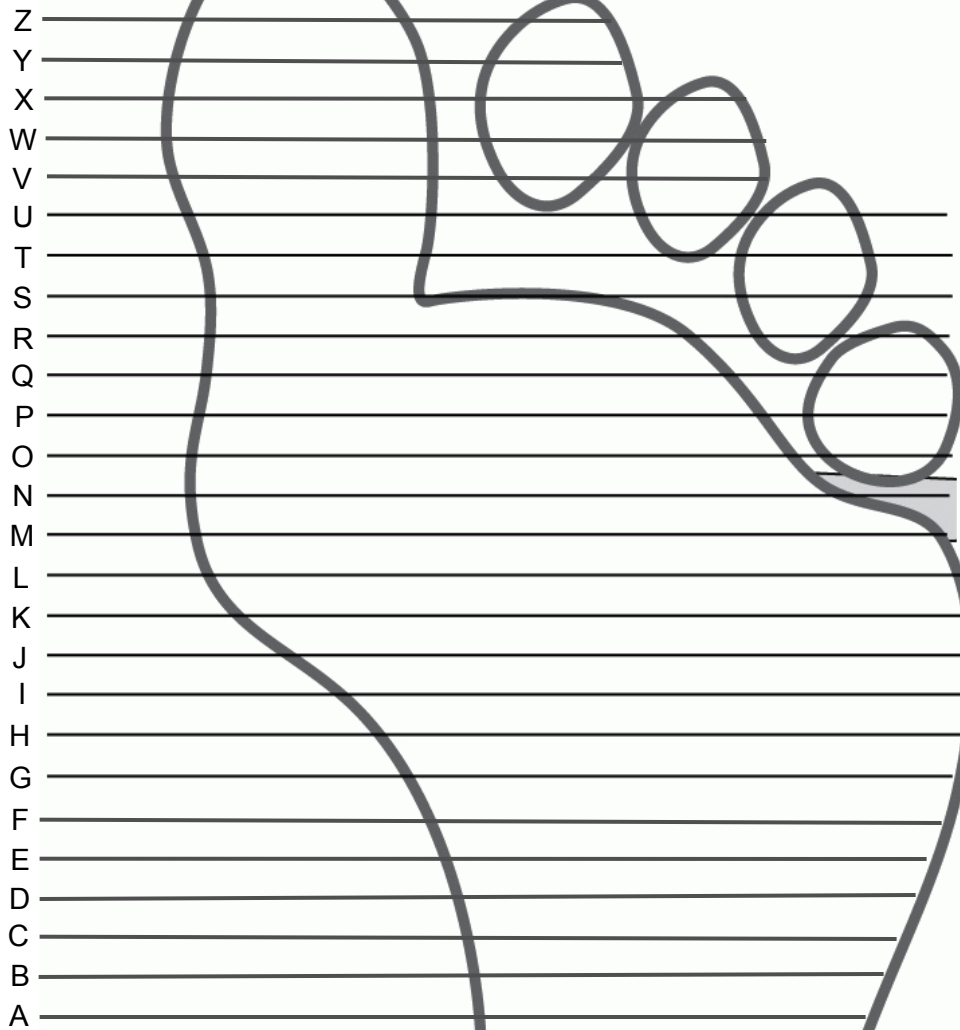
Choose the letter that indicates the  
**WIDEST** portion of  
your foot.

(On this diagram, the  
letter "N" is located at  
the widest location of  
this foot.)

#### STEP 3

On the **ORDER**  
page, choose "New  
Customer" or  
"Reorder" and  
follow the  
directions inputting  
the "MyARCH" size  
you just measured  
using this graph.

The **myARCH™** graph  
is a proprietary  
measuring system  
developed by  
TruShot USA that  
measures your  
**arch size**. *This graph  
does not measure shoe  
size.* The number  
embossed on your  
levelers that you will  
soon receive indicates  
your arch size.  
Example: If your shoe  
size is 9, don't be  
surprised if you receive  
your TruShot Levelers  
with a size of 10 or 11.



Wide

Narrow

Narrow

Wide

Place Heel Here

**myARCH™**  
Proprietary Arch Measuring System

If your  
heel lies  
in the  
shaded  
region,  
your  
width is  
WIDE.